



SCHEDULE OF CLIMBING & TRAINING ACTIVITIES – 2018

TRAINING COURSES		No.	Activity	Dates	Exp.	Venue	CLIMBING COMPETITIONS & ACTIVITIES
Rock / Wall Climbing			January				
1 day introductory session		01-01	Rock/Wall Climbing Training Course	6-7	4000	Islamabad	
2 days basic course		03-01	World Snow Day – Galliat	21	1450	KPK	
3 days intermediate course			February				
4 days advanced course		07-02	Rock/Wall Climbing Training Course	10-11	4000	Islamabad	Observing
Rock / Wall Climbing Instructor		08-02	Paragliding - Basic Training Course	17-18	8500	Haripur	National & International days of importance
2 days basic course		09-02	Snow Survival Training Course	21-25	16500	Kaghan	
Mountaineering			March				
9 days elementary course		10-03	Rock/Wall Climbing Training Course	3-4	4000	Islamabad	World Snow Day
Survival		12-03	13 th . IWD* Sport Climbing Comp	7-8	500	Islamabad	21 January
5 days wilderness course			April				International Women Day
<i>above courses are available on requested dates</i>		14-04	Rock/Wall Climbing Day Clinic	1	1500	Islamabad	8 March
Rock/Wall Climbing Practice Sessions		15-04	Paragliding - Basic Training Course	7-8	8500	Haripur	Pakistan Day
Friday	1400 – 1630 hrs	17-04	Mountaineering - Elementary Course	21-29	25000	Gilgit-Baltistan	23 March
Saturday	1100 – 1600 hrs						World Environment Day
Sunday	1400 – 1630 hrs		May				5 June
		19-05	Rock/Wall Climbing Training Course	6-7	4000	Islamabad	Independence Day
			June				14 August
		21-06	WED* - Lecture / Activity	5	1000	South Zone	World Tourism Day
			July				27 September
		25-07	Rock/Wall Climbing Day Clinic	1	1500	Islamabad	International Mountain Day
			August				11 December
		28-08	Rock/Wall Climbing Training Course	4-5	4000	Islamabad	
		29-08	Independence Day	14	1000	Islamabad	
			September				
		31-09	Rock/Wall Climbing Training Course	1-2	4000	Islamabad	
		34-09	8 th . WTD – Open Climbing Comp	27	500	Islamabad	
			October				
		36-10	Rock/Wall Climbing Training Course	6-7	4000	Islamabad	
		38-10	Paragliding - Basic Training Course	20-21	8500	Haripur	
			November				
		39-11	Rock/Wall Climbing Training Course	3-4	4000	Islamabad	
			December				
		42-12	Rock/Wall Climbing Training Course	1-2	4000	Islamabad	
		43-12	11 th . IMD* Open Climbing Comp	10-11	500	Islamabad	