



SCHEDULE OF ACTIVITIES – 2019

Rock/Wall Climbing – Rafting – Skiing – Paragliding – Trekking – Mountaineering – Competitions – Reconnaissance – Trips – Seminars

No.	Activity	Dates	Exp.	Venue
January				
01-01	Rock/Wall Climbing Training Course	5-6	4000	Islamabad
02-01	The Vale of Soon	12-13	5900	Soon Sakesar
03-01	Miran Jani Snow Hike – Day Trip	19	1850	Galliat region
04-01	World Snow Day – Gharial Camp	20	2500	Galliat region
05-01	Panj Peer Rocks – Day Trip	26	2500	Dhanoi - Kahuta
06-01	Mukshpuri Snow Hike – Day Trip	27	1850	Galliat region
February				
07-02	Rock/Wall Climbing Training Course	2-3	4000	Islamabad
08-02	Skiing – Basic Training Course	9-10	10500	Swat
09-02	Snow Survival Training Course	13-17	17500	Kaghan Valley
10-02	Snow Hike – Pipeline Track	24	1850	Galliat region
March				
11-03	Rock/Wall Climbing Training Course	2-3	4000	Islamabad
12-03	Rock/Wall Climbing Practice Session	4-7	750	Islamabad
13-03	13 th . IWD* Sport Climbing Comp	8	500	Islamabad
14-03	1st. Quarterly Meeting	30	750	Islamabad
April				
15-04	Rock/Wall Climbing Training Course	6-7	4000	Islamabad
16-04	Paragliding - Basic Training Course	12-13	8500	Haripur
17-04	Neelum Valley - Trip	19-21	10500	Azad Kashmir
18-04	Mountaineering - Elementary Course	20-28	35000	Gilgit-Baltistan
May				
19-05	Rock/Wall Climbing Training Course	4-5	4000	Islamabad
20-05	Everest Base Camp – Trekking	6-26	225000	Nepal
21-05	Kaghan Valley Trip	17-19	10500	Kaghan
22-05	Fairy Meadows & Hunza – Trip + Hike	20-25	21500	Gilgit-Baltistan
June				
23-06	WED* - Lecture / Activity	5	1000	South Zone
24-06	Eid Milan Party	5	1500	Khanpur
25-06	2 nd . Quarterly Meeting	30	750	Islamabad
July				
26-07	Rock/Wall Climbing Training Course	6-7	4000	Islamabad
27-07	Fairy Meadows & Hunza – Trip + Hike	9-14	21500	Gilgit-Baltistan
28-07	Kaghan Valley Trip	23-25	12500	Kaghan

No.	Activity	Dates	Exp.	Venue
August				
29-08	Rock/Wall Climbing Training Course	3-4	4000	Islamabad
30-08	K2 Base Camp – Trekking	4-21	125000	Baltistan
31-08	Independence Day	14	1000	Islamabad
September				
32-09	Rock/Wall Climbing Session	1	750	Islamabad
33-09	Kalash – Chitral Trip	7-10	17500	Chitral
34-09	Paragliding - Basic Training Course	21-22	8500	Haripur
35-09	9 th . WTD – Open Climbing Comp	27	500	Islamabad
36-09	3 rd . Quarterly Meeting	29	750	Islamabad
October				
37-10	Rock/Wall Climbing Training Course	5-6	4000	Islamabad
38-10	Rupal Base Camp – Nanga Parbat	7-13	22500	Astore – GB
39-10	Paragliding - Basic Training Course	21-22	8500	Haripur
November				
40-11	Rock/Wall Climbing Training Course	2-3	4000	Islamabad
41-11	Skardu – Autumn Trip	5-10	22500	Baltistan
42-11	Kaghan Valley Trip	17-19	10500	Kaghan
December				
43-12	Rock/Wall Climbing Session	1	750	Islamabad
44-12	12 th . IMD* Open Rock Climbing Comp	10-11	500	Islamabad
45-12	The Vale of Soon	12-13	5900	Soon Sakesar
46-12	4 th . Quarterly Meeting	29	750	Islamabad

Please Note

All programs are based on minimum 8 participants
 Expenditure is estimated as per current fuel charges
 Tour programs don't include meals
 Trekking / camping portions include camp meals
 No insurance, hospital or emergency evacuation and personal expenses included
 An advance confirmation of 15 days is mandatory to join a program
 No refund for cancellation, 72 hrs prior departure or for unused services

Abbreviation Used

IWD	- International Women Day
WED	- World Environment Day
IYD	- International Youth Day
WTD	- World Tourism Day
IMD	- International Mountain Day